

# ***ALL IT TAKES.....***

***Vital Success Tonics***

***[www.successtonicsblog.com](http://www.successtonicsblog.com)***

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## 3 KEY FACTORS LIFE

- *Three things determine how far a man goes in life:*
- *The Knowledge in his mind*
- *The Worth of his character*
- *The Principles upon which he builds his life.*

● Edwin Cole

# Success Has a Definition

- Success is in Your Blood
  - *Man was designed for accomplishment, engineered for success, and endowed with seeds of greatness....* **Zig Ziglar**
  - *“What is success? For many it is financial independence, fame , or power. Ask anyone who has reached lofty heights and they will tell you that money and fame alone do not satisfy”*
    - **Brian Mast**
  - *“Success is a journey, a process, not a destination”*  
**John Maxwell and Jim Dornan**
  - *“Success is the persistent achievement of a challenging worthy goal”*  
**Mark Douglas**

# Success Has a Definition...Contd

- *“Success is the progressive realization of a predetermined worthwhile goal, purified by belief and stabilized by balance”*
  - **Glen Bland**
- *“Success is moving from failure to failure without losing your enthusiasm”*
  - **Abraham Lincoln**
- *“Success is the progressive and ultimate achievement of your goal and realization of God’s ideal plan and purpose for your life”*
  - **Tony Orji**
- *“The Secret of Success is to from the scratch and keep on scratching”*
  - **John Mason**

# Success Tonic No 1 :

## Get a Vision

- Vision is developing a mental picture of a desired future.
- Helen Keller was deaf, dumb and blind but she was A WOMAN OF VISION!
- She wrote 12 best selling books, shook hands with 7 American Presidents and travelled to 5 continents of the world.
- *“Apart from being born blind, the worst thing that can happen to a man is to have eyes without vision”.....*

● Hellen Keller

# Success Tonic No 1 : Get a Vision....contd

- *“No one has ever been known to succeed without applying the principle of definiteness of purpose (and vision). The first step from poverty to riches is the most difficult. It may simplify my statement if I tell you that all riches and all material things that anyone acquires begin in the form of a clear, concise mental picture of the thing one seeks”*
  - **Andrew Carnegie**
- Where there is no vision, the people perish.....Prov. 29:18.

# Success Tonic No 2 :

## Set Goals

- A goal is a definite objective, a desired result, and a timed purpose you intend to accomplish.
- A goal is a purpose or vision with a dead line
- Goals are check points on your way to success
- Your goal must be definite, concrete, measurable and time-bound!
- If you are living without a goal, you are living like a goat!

# Success Tonic No 3 : Commitment and Hard Work

- A powerful predictor of success in the long run is commitment, the willingness and desire to work hard toward achieving clearly defined goals.
- Top achievers are more than just *willing* to work hard: they *want* to work hard.
- They work hard! Yes, they play hard, too! They get up early, they rarely complain.
- High-level success starts with a recognition that hard work pays off.



# Success Tonic No 4 :

## Develop Your Learning Capacity

- Successful people are incredibly curious and eager to learn. They study, ask questions and read – constantly! *MTN,GLO,V-MOBILE STYLES*
- Why do many do well in school and others don't? The difference is that they apply or take advantage of what they learn!
- Success is not about memorizing facts, it's about being able to take information and create, build, or apply it in new and important ways.

# Benefits of Making a Commitment to Strengthen & Develop Your Learning Capacity

- You will feel better about yourself as a person and as a student.
- Your grades will improve.
- You will have more confidence.
- You will become more and more motivated.
- You will have better career opportunities.
- You will have an improved personal life, be happier, more sure of yourself, and be more successful.

# Success Tonic No 5 :

## Be Disciplined

- Discipline is the ability to control yourself. It is putting first things first!
- *“ Becoming focused is a key to results. Saying no to a good idea doesn't always mean never. 'No' may mean not right now. There is power in the word 'No'. 'No' is an anointed word, one which breaks the yoke of over-commitment, over indulgence, and weakness. Saying no can free you from burdens that you really don't need to carry right now.”*

**John Mason**

# Success Tonic No 6 :

## Be Diligent

- Always Give Your Best Effort
- *“There are three types of baseball players—those who make it happen, those who watch it happen, and those who wonder what happened.” Tommy Lasorda*
- *“Shoot for the moon—even if you fall short you will land among the stars.” Gil Steinke*
- Go for the gold. Make it habit to try to hit the ball out of the park.
- Dare to make a difference through diligence...Prov.22:29

# Success Tonic No 7 :

## Avoid Pessimism

- Avoid Negative Self-Talk and Negative Verbalizations
- Many students have the habit of negative self-talk: “This is too hard.” “I’m not smart enough,” “I’ll never get this,” or “This is hopeless.” When ever you have a thought like this, STOP IT.
- Don’t accept negative comments about yourself, and don’t make them.
- *A Professor said it’s impossible but a sleeping student said NO!*

# Success Tonic No 8 :

## Networking

- Successful people know lots of people, and they know lots of different kinds of people. They listen to friends, neighbors, co-workers, Lecturers and MENTORS.
- In fact, many may be quiet, or even shy, but they value people and they value relationships.
- Avoid bad friends, bad company or negative people who diminish your virtues, reduce your values and endanger your success, your fortunes and your future!

# Success Tonic No 9: Be Creative

- Always think of new ways of doing things
- Successful people always see new combinations, new possibilities, new opportunities and challenges where others see problems or limitations.
- They ask for advice, try things out, consult experts, always looking for a better, faster, cheaper solution.
- Successful people create **THINGS!**

# Success Tonic No 10: Don't Panic

- Be relaxed and keep your perspective. Even in times of stress or turmoil, highly successful people keep their balance, they know the value of timing, humor, and patience.
- They rarely panic or make decisions on impulse. Unusually successful people breath easily, ask the right questions, and make sound decisions, even in a crisis.
- *Stress and setbacks are part of everyone's life.*
- *You have to be tough!!!*



# Success Tonic No 10: Don't Panic.....contd

- Learn to Distinguish between Problems and Facts
- *A problem* can be fixed.
- If you are dealing with a circumstance that cannot be changed or fixed, then it's no longer a problem: it's a *fact*.
- Because it's a fact, there's no reason to waste emotional energy feeling frustrated. Let it go.
- Save time and energy for problems you can do something about.

# Success Tonic No 11:

## Live one day at a time

- Extremely successful people live in the present moment. They know that "Now" is the only time they can control.
- They never seem rushed, and they get a lot done! They take full advantage of each day. Successful people don't waste time, they use it!
- They "look over the horizon" to see the future. They observe trends, notice changes, & see shifts. They live in the present, with one eye on the future!

# Success Tonic No 11: Rapid Response Principle

- Successful people respond instantly! Follow the philosophy of “Do it now. Do it right.” When they are making low grades, they readjust their study life.
- When an investment isn't working out, they sell. When they see an opportunity, they make the call. If an important relationship is cooling down, they take time to renew it. When technology or a new competitor or a change in the economic situation requires an adjustment, they are the first and quickest to respond.

# Success Tonic No 12:

## Understand Kingdom Principles

- If you seek God first, other things (Success, Promotions, Breakthroughs, etc) will definitely seek for you!
- Jesus is the Author and Finisher of all things. Follow Him and you will succeed.
- There is a direct correlation between Excellence (Success) and Righteousness...Prov.12:26
- ALL IT TAKES TO SUCCEED IS GOD!!!

# THANK YOU FOR LISTENING

